



- WHAT:** “2<sup>nd</sup> Annual Downtown Derby Bed Race”
- WHEN:** Saturday May 6, 2017 (rain or shine)  
Team Check-In: 8:00am | Parade of Beds: 9:00am | Race: 10:00am
- WHERE:** Downtown Nashville at 5<sup>th</sup> Avenue & Broadway
- ENTRY FEE:** \$500.00 per team (of five (5) plus one (1) alternate, if desired)

**AWARDS:**

- The team with the best combined times, from both the preliminary and the final rounds, will be proclaimed the winner and have “bragging rights” AND be presented with the “Downtown Derby Winners’ Cup” trophy
- Medals will also be given for:
  - **BOUNCY SPRING** Award (Best Decorated)
  - **SQUEAKY SPRING** Award (Best in Spirit)
  - **PEOPLE’S CHOICE** Team Fundraising Award:
    - a. Each team will be given the opportunity to raise funds both online (in advance of the race) and on- site (the day of the race)
    - b. The team that raises the most money wins the **PEOPLE’S CHOICE** Award
  - **SHINING STAR** Individual Fundraising Award:
    - a. An exceptional collection of merchant gift cards will be awarded to the individual who’s fundraising efforts raise the most money

**TEAM INCENTIVES – EARN A HEAD START!**

- For every \$1,000 a team raises, a “head start” of one bed-length (6 ft.) will be awarded (valid for both the first and second rounds of racing)

**BED DESIGN:**

- All bed and team costs are borne by entrants

- Beds must be no smaller than a twin bed (36" x 75") and no larger than a queen (60" x 80") and must include a mattress and four (10") wheels that make contact with the ground
- For safety reasons, wheels must be a minimum of 10" in diameter
- Mattresses can be water or air but must fit the frame and be inflated during the race; mattress pads/straw do not qualify
- It is recommended that the bed frame or box spring sit a minimum of 10" off the ground– not including mattress
- No motors or mechanical means of motion are permitted
- Push bars and steering devices are allowed but must be designed for safety; no sharp or jagged edges allowed
  - Push bars cannot extend further than 12" beyond the bed frame
- Braking devices are recommended but not mandatory
- There will be NO WELDING capabilities provided at the workshop

**BED BUILDING WORKSHOP:** There will be a bed building workshop in the **Soundcheck** parking lot located at 740 Cowan Street on **Saturday, April 22 from 9am to 12pm and 12:30pm to 3pm** and **Sunday, April 23 from 9am to 12pm and 12:30pm to 3pm**

- A maximum of three (3) teams can be accommodated during each time slot
- Spots are limited, must be reserved, and are available on a first-come, first-serve basis
- Email Blaire at [bbuergler@tjmartell.org](mailto:bbuergler@tjmartell.org) to reserve your spot
- Each team **MUST** supply all your own materials for construction
- There will be NO WELDING capability available at the workshop, so please plan your bed design accordingly
- NO beds constructed at the workshop can be left on site; each team is responsible for transporting their bed home after the workshop is over

#### **THE RACING TEAMS:**

- Racing teams shall consist of four (4) runners and one (1) rider (all human)
  - One (1) alternate (human) is allowed per team but may not be switched out in the middle of a race
- Racers must be 18 years of age or older
- One member of the team must be on the bed at all times
- Beds must be raced "foot-first"

#### **ATTIRE:**

- Costumes and themes are encouraged but all entrants must be attired
- Appropriate clothing, footgear and safety headgear is the responsibility of each team member
- Closed toe athletic shoes are required
- **HELMETS** for those riding in the bed are mandatory and those riders without protective headgear will not be permitted to race

### **SAFETY:**

- All racers must sign an Informed Consent Waiver before participating in the race
- All participants must acknowledge that the safety of the participants and the crowd take precedence during the course of the race
- Closed toe athletic shoes are required
- Again, HELMETS for those riding in the bed are mandatory

### **HOW THE RACE WILL BE RUN:**

- Racing will be run in two rounds
- All teams will race in the preliminary round with the top teams advancing to the final rounds
- The team with the best combined times, from both the preliminary and the final rounds, will be presented with the “Downtown Derby Winners’ Cup” AND have “bragging rights” for the year!

### **DURING THE RACE:**

- All runners must be able to see the race course in front of the bed when they are pushing the bed
- No one can be pulling the bed
- The rider must be sitting or lying the entire time the bed is in motion - no surfing, please
- No spitting, no biting, no tripping, or other such shenanigans 😊

### **THE FINISH LINE:**

- At least 4 out of 5 members of the racing team must cross the finish line; the bed must also cross the finish line—in contact with the team members
- At least 3 members must also be in contact with the ground when crossing the finish line